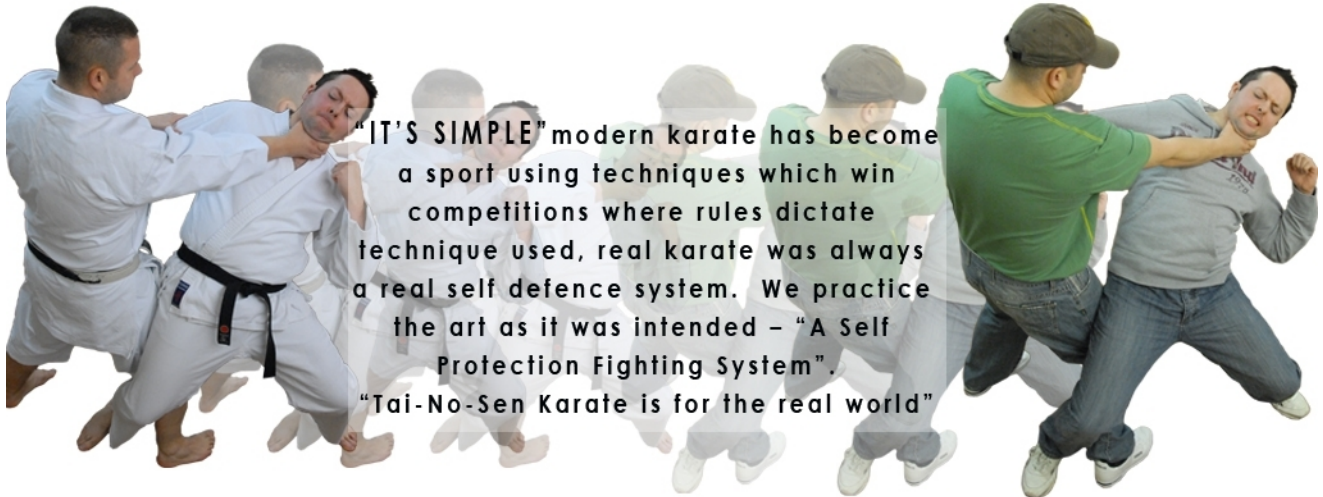


# KARATE

A UNIQUE FIGHTING SYSTEM  
KARATE AS IT SHOULD BE



Discover the hidden secrets of Karate Kata



Over 16's only –

Beginners welcome as well as established karate-ka.

Classes start on the 23rd of June at  
Wesfield Community School , Montrose Ave, Wigan.

Classes are 6.45 - 900, Tuesdays and Thursdays.

Classes are taught by Sensei Steve Lowe 5th Dan with over 28 years  
Experience. For more info contact him on 07738477035.



[www.tainosen.co.uk](http://www.tainosen.co.uk)  
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