

ABOUT THE TRAINING:

- Classes will take place every Thursday evenings 6-7pm and Saturday mornings 11.30-12.30 hrs.
- flexible subscription: Three, six and 12-months 'once a week' and 'twice a week' contracts as well as 'occasional student' option.
- first lesson free!

REQUIREMENTS:

- Adults: Enthusiasm!
- Children: You should be around 10 years old and have 6 months previous Martial Arts experience.

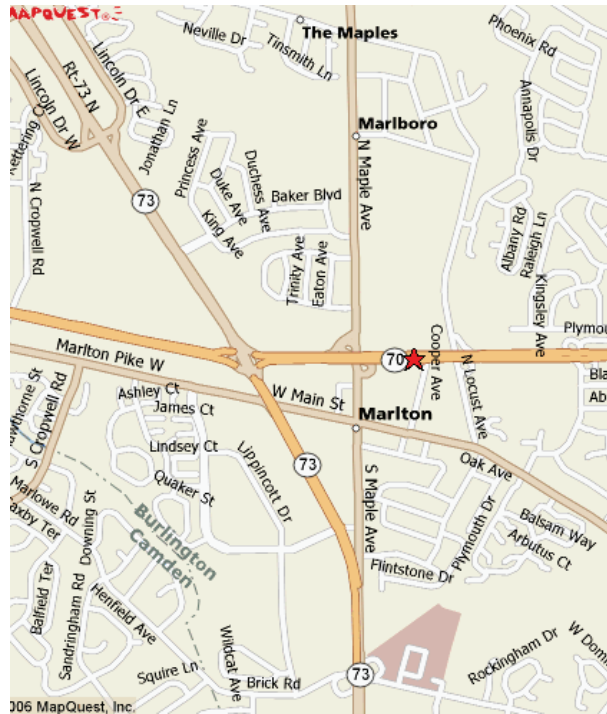
**Call Debbie
on 856 985 1311**

**or e-mail Eva:
eva@kissaki-kai.com**



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**KISSAKI-KAI
KARATE-DO
FOR THE
ENTIRE FAMILY**



KISSAKI KAI KARATE

RYUKYU KOBUDO

**TRADITIONAL
JAPANESE WEAPONS TRAINING**



THE WEAPONS WE USE:



Nunchaku

12"-14" red oak handles joined with cord.



Bo

6' red oak staff

As a beginner you will start with foam nunchaku for a few weeks and simultaneously learn the bo. Once you achieve some proficiency, you upgrade to wooden nunchaku. Later the following weapons will be introduced:



Tonfa

18"-21" red oak



Sai

18"-21" chromed metal with blunt tips, sai are used in pairs.



Kama

Training weapons are made of wood, only high grades may use live blades for single form training.

WHAT IS KOBUDO?

Kobudo is training with predominantly wooden weapons which easily blended in with agricultural tools of rustic medieval Japan: Sticks, handles, cutting implements, horse reigns or paddles to name just a few. Kobudo originally comes from the Ryukyu Islands located to the south of mainland Japan.

HOW DO WE TRAIN?

Our training is pair-form based, but initial basics practice will provide students with the necessary control. Further, a variety of single form kata demonstrate a range of techniques and differences of styles.

Through small classes, personal attention and focus on the unique properties of each weapon and the strategies employed, our KOBUDO training tries to recreate the feeling of what it means to 'master a weapon'.

WHO TEACHES IT?

The Kobudo Instructor for Kissaki Kai is Eva Bayerlein, who has been studying Suzuki Kobudo for 18 years and karate for over 20 years. In 2001 she spent some time training in Okinawa with the late Sensei Odo Seikichi, a grand master in Matayoshi Kobudo .



Eva with her Sensei Mike Finn (top row 2nd from left) during a course and grading in England in October 2006

FULL PACKAGE INCLUDES:

- SPECIAL KOBUDO UNIFORM
- YOUR FIRST TWO WEAPONS:
BO AND NUNCHAKU
- TRAINING IN SMALL CLASSES
WITH PERSONAL ATTENTION



JOIN AT ANY TIME!

**FLEXIBLE PRICE OPTIONS FOR
NON- KISSAKI MEMBERS AS
WELL!**